



July 10, 2021

Give up! Look up! Go up! Speak up!

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God's message from the Psalms of Ascent

Psalms 120-124

What are the Psalms of Ascent?

➔ **Give up!**

⇒ _____ and quit trying to "live" in Meshech.

➔ **Look up!**

⇒ Realize God's _____ over every step.

➔ **Go up!**

⇒ Return _____ to _____ in God's house.

➔ **Speak up!**

⇒ _____ and _____ God's mercies.

Psalms 120-124

(continued on back)

Conclusion and Commitment

**Because my help comes from the Lord,
I will Give up! Look up! Go up! And Speak up!**